

# March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 <b>Exercise 10 AM</b>	5 <b>NO BREAKFAST Primary Election</b>	6 <b>Lunch Bunch Trip Trattoria 10:30 AM</b>	7 <b>Exercise 10 AM</b>	8	9
10	11 <b>Exercise 10 AM</b>	12 <b>Breakfast 8 AM</b>	13 <b>Holmes Medical Museum/Gifthorse 9:15 AM</b>	14 <b>Exercise 10 AM</b>	15	16
17 	18 <b>Exercise 10 AM</b>	19 <b>Breakfast 8 AM &amp; Spring Cleaning Shred Truck Day 9 AM after breakfast</b>	20 <b>Arts &amp; Crafts Day Easter Eggs/ Fragrance Flowers 9 AM</b> 	21 <b>Exercise 10 AM</b>	22	23 <b>Big Band Dance 2-5 PM</b>
24/31  <b>Easter Sunrise Church Service 6:30 AM</b>	25 <b>Exercise 10 AM</b>	26 <b>Breakfast 8 AM</b>	27 <b>Pot Luck Lunch 12 PM</b>	28 <b>Exercise 10 AM</b>	29	30

- **Exercise:** Every Monday and Thursday at 10 AM.
- **Breakfast:** Tuesdays at 8 AM—A shred truck will be at the Civic Center on the 19th at 9 AM for you to utilize to shred old documents.
- **Lunch Bunch Trip:** Wednesday, March 6th we will be going to Trattoria Italian Restaurant located on Highway 31 in Spanish Fort. We will be leaving the Civic Center at 10:30 AM. Be sure to sign up so we can give them a heads up and also see who is riding the bus and meeting us there.
- **Museum Trip:** Wednesday, March 13th—Holmes Medical Museum in Foley followed by lunch at The Gifthouse Restaurant. Please sign up to ride the bus or meet us there. We will be leaving the Civic Center at 9:15 AM.
- **Arts & Crafts Day:** Wednesday, March 20th at 9 AM we will be coloring Scentsy Fragrance Flowers with Sharpies and decorating Easter Eggs—***BE SURE TO SIGN UP!!***
- **Pot Luck Lunch:** Wednesday, March 27th at noon—please bring a dish or dessert to share.
- **Big Band Dance:** Saturday, March 23rd from 2-5 PM at the Civic Center.