April 2024

Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6
Exercise 10 AM	Breakfast 8 AM	No Activities!!	Exercise 10 AM	Birthday Party 1 PM	
7 8	9	10	11	12	13
Exercise 10 AM	Breakfast 8 AM	Lunch Trip Longhorn 10:30 AM	Exercise 10 AM		
14 15	16	17	18	19	20
Exercise 10 AM	Breakfast 8 AM	Trip to Montgomery for Freestanding ER.	Exercise 10 AM Painting with Pals—10 AM		
21 22	23	24	25	26	27
Exercise 10 AM	Breakfast 8 AM	Pot Luck Lunch 12 PM	Exercise 10 AM		Big Band Dance 2-5 PM
29	30				
Exercise 10 AM	Breakfast 8 AM				
	Exercise 10 AM Exercise 10 AM Exercise 10 AM Exercise 10 AM 22 Exercise 10 AM	Exercise 10 AM Breakfast 8 AM Exercise 10 AM Breakfast 8 AM 15 Exercise 10 AM Breakfast 8 AM 22 23 Exercise 10 AM Breakfast 8 AM 29 30	Exercise 10 AM Breakfast 8 AM No Activities!! 8 9 10 Exercise 10 AM Breakfast 8 AM Lunch Trip Longhorn 10:30 AM 15 16 17 Exercise 10 AM Breakfast 8 AM Trip to Montgomery for Freestanding ER. 22 23 24 Exercise 10 AM Breakfast 8 AM Pot Luck Lunch 12 PM	Exercise 10 AM Breakfast 8 AM No Activities!! Exercise 10 AM Breakfast 8 AM Lunch Trip Longhorn 10:30 AM Is Exercise 10 AM Breakfast 8 AM Trip to Montgomery for Freestanding ER. Exercise 10 AM Painting with Pals—10 AM Exercise 10 AM Breakfast 8 AM Pot Luck Lunch 12 PM Exercise 10 AM	Exercise 10 AM Breakfast 8 AM No Activities!! Exercise 10 AM Birthday Party 1 PM

- Exercise: Every Monday and Thursday at 10 AM.
- **Breakfast:** Tuesdays at 8 AM.
- <u>Birthday Party:</u> Friday, April 5th at 1 PM—Come catch up on celebrating our January-April honorees. We will have cake, ice cream, and other snacks!!
- Lunch Bunch Trip: Wednesday, April 10th we will be going to Longhorn Steakhouse in Daphne. We will be leaving the Civic Center at 10:30 AM. Be sure to sign up so we can give them a heads up and also see who is riding the bus and meeting us there.
- <u>Trip to Montgomery:</u> Mayor Teal invites you to join us and ride a rented bus to represent the city at the South Baldwin Freestanding Emergency Room hearing. Sign up if you are interested in joining us for this day trip. We will be leaving the Civic Center at 6:15 AM and returning around 3 PM.
- Arts & Crafts Day (Painting with Pals): Thursday, April 18th at 10 AM we will be
- painting canvases with Mitzie Massey again!!—BE SURE TO SIGN UP!! This activity will cost \$15.00.
- Pot Luck Lunch: Wednesday, April 24th at noon—please bring a dish or dessert to share.
- Big Band Dance: Saturday, April 27th from 2-5 PM at the Civic Center.