

# May 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<i>1</i> <b>Picnic 12 PM</b>	<i>2</i> <b>Exercise 10 AM</b>	<i>3</i>	<i>4</i>
<i>5</i>	<i>6</i> <b>Exercise 10 AM</b>	<i>7</i> <b>Breakfast 8 AM</b>	<i>8</i> <b>Exercise 10 AM</b>	<i>9</i> <b>No Exercise</b> <b>Vietnam Memorial</b> <b>Wall/Lunch 8:30</b> <b>AM</b>	<i>10</i>	<i>11</i>
<i>12</i>	<i>13</i> <b>Exercise 10 AM</b>	<i>14</i> <b>Breakfast 8 AM</b>	<i>15</i> <b>Ice Cream Social</b> <b>1:00 PM</b>	<i>16</i> <b>Exercise 10 AM</b>	<i>17</i>	<i>18</i>
<i>19</i>	<i>20</i> <b>Exercise 10 AM</b>	<i>21</i> <b>Breakfast 8 AM</b>	<i>22</i> <b>Pot Luck Lunch</b> <b>12 PM</b>	<i>23</i> <b>Exercise 10 AM</b>	<i>24</i>	<i>25</i>
<i>26</i>	<i>27</i> <b>Civic Center</b> <b>Closed—</b> <b>Memorial Day</b>	<i>28</i> <b>Breakfast 8 AM</b>	<i>29</i> <b>Lunch Trip—</b> <b>California Dream-</b> <b>ing 10:30 AM</b>	<i>30</i> <b>Exercise 10 AM</b>	<i>31</i>	

- **Exercise:** Mondays and Thursdays at 10 AM. Check the calendar for a few dates we will not be able to meet and the change we have made to accommodate.
- **Breakfast:** Tuesdays at 8 AM.
- **Picnic:** Wednesday, May 1st at 12 PM—We will be grilling hamburgers and hotdogs with all the fixings. We will have chips and dessert also!
- **Vietnam Memorial Wall Trip & Lunch:** Thursday, May 9th we will be visiting the Vietnam Veterans Memorial Wall located at the Baldwin County Coliseum in Robertsdale. We will be leaving the Civic Center at 8:30 AM to get there early enough to explore everything the wall has to offer with plenty of time. We will be going to lunch afterwards at Ivey's. Be sure to sign up!!!
- **Ice Cream Social:** We will be having an Ice Cream Social on Wednesday, May 15th at 1 PM. Come make a sundae with all your favorite toppings!
- **Pot Luck Lunch:** Wednesday, May 22nd at noon—please bring a dish or dessert to share.
- **Lunch Bunch Trip:** Wednesday, May 29th we will be going to eat at California Dreaming in Spanish Fort. We will be leaving the Civic Center at 10:30 AM. Please make sure to sign up if you plan to ride the bus or meet us there.
- **Holiday Closure:** The City will be off for Memorial Day on Monday, May 27th and the Civic Center will be closed. This means no exercise that morning.