#### **AUGUST 2025**

# SENIOR **ACTIVITIES**

### **Exercise**

Mondays and Thursdays at 10:00 AM.

## **Breakfast**

No breakfast on August 5<sup>th</sup>. We will be having breakfast on August 12<sup>th</sup> August 19<sup>th</sup> and August 26<sup>th</sup> at 8:00 AM.

## **Lunch Trip**

We will be heading to Moe's BBQ in Daphne on Wednesday, August 6<sup>th</sup>. We plan to be there at 11:00 AM and leave the Civic Center at 10:30 AM. Sign up to ride the bus or meet us there.

# **Birthday Party**

Join us for a birthday party on Wednesday, August 13<sup>th</sup> at 1:00 PM. We will have cake, ice cream, and other snacks and celebrate our honorees.

## Bingo

Synergy Home Care will be here on Wednesday, August 20<sup>th</sup> at 10:00 to call bingo. Come out for light refreshments, prizes, and lots of fun!

#### **Pot Luck Lunch**

On Wednesday, August 27th at noon. Please bring a dish or dessert to share.



# Games

Don't forget a group gets together at the Community Center on Thursdays from 12-3 PM and play games!



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