

JANUARY 2026

SENIOR ACTIVITIES

Exercise

Join us for chair yoga on Mondays and Thursdays at 10:00 AM. Also on Thursdays the YMCA host Silver Sneakers at 9:00 AM.

Breakfast

Our buffet style breakfast is served on Tuesdays at 8:00 AM. Our friends from the DAV will be join us on the first Tuesday of each month.

Lunch Trip

We are headed to Daphne this month to eat at Cicis Pizza on Wednesday, January 7th at 11:00. Meet us there or sign up to ride the bus. We will be leaving the Civic Center at 10:30 AM.

Birthday Party

Join us for a birthday party on Wednesday, January 14th at 1:00 PM. We will have cake, ice cream, and other snacks and celebrate our honorees.

Movie Day

On Wednesday, January 21st at 10:00 AM we will be watching The Holiday. Come enjoy popcorn and a movie.

Pot Luck Lunch

On Wednesday, January 28th at noon. Please bring a dish or dessert to share.



Games

Don't forget a group gets together at the Community Center
**(2131 East Relham Drive
Loxley, AL 36551)**
on Thursdays from 12-3 PM and play games!

Holiday Closures

The Civic Center will be
January 1-2 for New
Years and on January 19
for Martin Luther King, Jr.
Day.



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