

MARCH 2026

SENIOR ACTIVITIES

Exercise

Join us for chair yoga on Mondays and Thursdays at 10:00 AM. Also on Thursdays the YMCA host Silver Sneakers at 9:00 AM.

Breakfast

Our buffet style breakfast is served on Tuesdays at 8:00 AM. Our friends from the DAV will be join us on the first Tuesday of each month.

Birthday Party

Join us for a birthday party on Wednesday, March 4th at 1:00 PM. We will have cake, ice cream, and other snacks and celebrate our honorees.

Lunch Trip

This month we are heading to Daphne to try Buffalo Wild Wings on March 11th. Be sure to sign up or meet us there. The bus will be leaving at 10:45 AM

Spring Painting

On Wednesday, March 18th at 10:00 AM join Ashton and Alyssa from the Loxley Public Library for a fun spring painting activity.

Pot Luck Lunch

On Wednesday, March 25th at noon. Please bring a dish or dessert to share.



Games

Don't forget a group gets together at the Community Center (2131 East Relham Drive Loxley, AL 36551) on Thursdays from 12-3 PM and play games!

 (251) 964-4995 or (251) 964-7733

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