

# May 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<i>1</i>	<i>2</i>
<i>3</i>	<i>4</i> YMCA 9 AM Exercise 10 AM	<i>5</i> Breakfast 8 AM	<i>6</i> Birthday Party– 1 PM	<i>7</i> YMCA 9 AM Exercise 10 AM Games 12-3 PM	<i>8</i> First Watch– 10 AM in Foley	<i>9</i>
<i>10</i>	<i>11</i> YMCA 9 AM Exercise 10 AM	<i>12</i> Breakfast 8 AM	<i>13</i> Lunch Trip– 10:30—Kravers in Daphne	<i>14</i> YMCA 9 AM Exercise 10 AM Games 12-3 PM	<i>15</i>	<i>16</i>
<i>17</i>	<i>18</i> YMCA 9 AM Exercise 10 AM	<i>19</i> <b>NO BREAKFAST!</b>	<i>20</i> Jewelry Making Class—10 AM	<i>21</i> YMCA 9 AM Exercise 10 AM Games 12-3 PM	<i>22</i>	<i>23</i>
<i>24/31</i>	<i>25</i> <b>NO YMCA OR CHAIR YOGA!</b>	<i>26</i> <b>NO BREAKFAST!</b>	<i>27</i> Pot Luck Lunch- Noon	<i>28</i> YMCA 9 AM Exercise 10 AM Games 12-3 PM	<i>29</i>	<i>30</i>