

MAY 2026

SENIOR ACTIVITIES

Exercise

Join us for chair yoga on Mondays and Thursdays at 10:00 AM. Also on Mondays and Thursdays the YMCA host Silver Sneakers at 9:00 AM. **No exercise on Monday, May 25th due to Memorial Day.**

Breakfast

Our buffet style breakfast is served on Tuesdays at 8:00 AM. Our friends from the DAV will be join us on the first Tuesday of each month. **There will be no breakfast on May 19th and 26th. May 12th will be our last breakfast until August.**

Birthday Party

Join us for a birthday party on Wednesday, May 6th at 1:00 PM. We will have cake, ice cream, and other snacks and celebrate our honorees.

Lunch Trip

This month we are heading to Kravers in Daphne on May 13th. Be sure to sign up or meet us there. The bus will be leaving at 10:30 AM.

Jewelry Making Class

On Wednesday, May 20th the library will be back with us hosting a jewelry making activity at 10:00 AM. Be sure to sign up if you are interested in making earrings, bracelets, and necklaces.

Pot Luck Lunch

On Wednesday, May 27th at noon. Please bring a dish or dessert to share.



Games

Don't forget a group gets together at the Community Center **(2131 East Relham Drive Loxley, AL 36551)** on Thursdays from 12-3 PM and play games!

Memorial Day

The Civic Center will be closed for Memorial Day on Monday, May 25th.

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