

# August 2026

| Sun   | Mon                                  | Tue                  | Wed                                                   | Thu                                                | Fri | Sat |
|-------|--------------------------------------|----------------------|-------------------------------------------------------|----------------------------------------------------|-----|-----|
|       |                                      |                      |                                                       |                                                    |     | 1   |
| 2     | 3<br>YMCA 9 AM<br>Exercise 10 AM     | 4<br>Breakfast 8 AM  | 5<br>Birthday Party– 1 PM                             | 6<br>YMCA 9 AM<br>Exercise 10 AM<br>Games 12-3 PM  | 7   | 8   |
| 9     | 10<br>YMCA 9 AM<br>Exercise 10 AM    | 11<br>No Breakfast   | 12<br>Lunch Trip—<br>Fresco in Bon<br>Secour 10:00 AM | 13<br>YMCA 9 AM<br>Exercise 10 AM<br>Games 12-3 PM | 14  | 15  |
| 16    | 17<br>YMCA 9 AM<br>Exercise 10 AM    | 18<br>Breakfast 8 AM | 19<br>Sea Shell craft<br>with the library—<br>10 AM   | 20<br>YMCA 9 AM<br>Exercise 10 AM<br>Games 12-3 PM | 21  | 22  |
| 23/30 | 24/31<br>YMCA 9 AM<br>Exercise 10 AM | 25<br>Breakfast 8 AM | 26<br>Pot Luck Lunch—<br>Noon                         | 27<br>YMCA 9 AM<br>Exercise 10 AM<br>Games 12-3 PM | 28  | 29  |